

MENU CANTINE

SEPTEMBER 2026

Monday, 31 August	Tuesday, 01 September	Wednesday, 02 September	Thursday, 03 September	Friday, 04 September
HOLIDAY	HOLIDAY	HOLIDAY	Soup or raw vegetables Meatballs  Tomato sauce vegetable fried rice <u>VEGETARIAN :</u> Vegetarian meatballs Tomato sauce Vegetable fried rice Seasonal fruit	Soup or raw vegetables  Pasta with zucchini and chickpea pesto Grana padano Dairy
Monday, 07 September	Tuesday, 08 September	Wednesday, 09 September	Thursday, 10 September	Friday, 11 September
Soup or raw vegetables Sweet and sour chicken Jasmine rice <u>VEGETARIAN :</u> Vegan strips Sweet & sour sauce Jasmine rice Seasonal fruit	Soup or raw vegetables MSC Salmon Vegetables / tomato / pepper Shallot Parisian potatoes <u>VEGETARIAN :</u> Stuffed tomato Vegetables / tomato / pepper Shallot Parisian potatoes Seasonal fruit	Soup or raw vegetables Chicken & vegetables bami goreng <u>VEGETARIAN :</u> Vegetable & egg bami goreng Seasonal fruit	Soup or raw vegetables Veal Marengo Parsley cauliflower Mashed potatoes <u>VEGETARIAN :</u> Lentil shepherd's pie Parsley cauliflower Seasonal fruit	Soup or raw vegetables  Pan-fried gnocchi Tomato / corn / cucumber Dairy

NB : Menu subject to change

Menu adapted according to the children's age



: vegetarian menu



: contains pork

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Monday, 14 September	Tuesday, 15 September	Wednesday, 16 September	Thursday, 17 September	Friday, 18 September
Soup or raw vegetables Chicken curry Broccoli Fragrant rice <u>VEGETARIAN :</u> Curried braised celery Broccoli Fragrant rice Seasonal fruit	Soup or raw vegetables Cordon bleu  Green beans Wheat hearts <u>VEGETARIAN :</u> Vegan cordon bleu Green beans Wheat hearts Seasonal fruit	Soup or raw vegetables Pasticcio di pasta Seasonal salad Dairy	Portuguese salad  FOCUS MENU Chicken arroz <u>VEGETARIAN :</u> Vegetarian arroz Pastéis de nata	Soup or raw vegetables MSC Hake Organic spinach ravioli Tomato sauce <u>VEGETARIAN :</u> Organice spinach ravioli Tomato sauce Seasonal fruit
Monday, 21 September	Tuesday, 22 September	Wednesday, 23 September	Thursday, 24 September	Friday, 25 September
Soup or raw vegetables Beef stifado Greek-style lentil salad Orzo <u>VEGETARIAN :</u> Stuffed aubergine Greek-style lentil salad Orzo Seasonal fruit	Soup or raw vegetables Turkey cubes with pineapple Green beans Roast potatoes <u>VEGETARIAN :</u> Vegetable curry with pineapple Green beans Roast potatoes Seasonal fruit	Soup or raw vegetables MSC Cod Gribiche sauce Macédoine vegetables Pan-fried potatoes <u>VEGETARIAN :</u> Crispy vegan tender Gribiche sauce Macédoine vegetables Pan-fried potatoes Seasonal fruit	Soup or raw vegetables  Baked vegetable lasagna (vegetables - pea fibre) Dairy	Soup or raw vegetables Chicken gyros (peppers - onions) Kentucky cabbage Pita bread <u>VEGETARIAN :</u> Gyros vegan (peppers - onions) Kentucky cabbage Pita bread Seasonal fruit

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